

# Feast

## RECIPE TYPES FOR TRIM HEALTHY MAMAS

<i>Recipe</i>	<i>Type</i>
<i>Main Dishes</i>	
<i>Perfect Roast Turkey</i>	<i>S or FP (without skin)</i>
<i>Perfect Roast Turkey Breast</i>	<i>S (without skin)</i>
<i>Roast Beast</i>	<i>S</i>
<i>Breads</i>	
<i>Southern Cornbread</i>	<i>S</i>
<i>Classic Cornbread Dressing</i>	<i>S</i>
<i>In a Jiffy Muffins</i>	<i>FP</i>
<i>Salads</i>	
<i>Kale Mango Salad</i>	<i>CO</i>
<i>Jeweled Slaw</i>	<i>E</i>
<i>Celestial Orange Sparkling Gelatin</i>	<i>FP</i>
<i>Vegetables</i>	
<i>French Fried Onions</i>	<i>CO or S in garnish amounts</i>
<i>Green Bean Casserole</i>	<i>S</i>
<i>Caramel Crunch Topping</i>	<i>S</i>
<i>Caramel Crunch Sweet Potato Casserole</i>	<i>CO</i>
<i>Cheddar Roasted Mashed Cauliflower</i>	<i>S</i>
<i>Macaroni &amp; Cheese 2 Ways</i>	<i>S (GF version is off plan)</i>
<i>Condiments</i>	
<i>No Fail Gravy</i>	<i>S or FP for fat free broth</i>
<i>Whole Berry Orange Cranberry Sauce</i>	<i>FP</i>
<i>Jellied Cranberry Sauce In a Can</i>	<i>FP</i>
<i>Homemade Butter</i>	<i>S</i>
<i>Desserts</i>	
<i>Browned Butter Caramel Sauce</i>	<i>S</i>
<i>Caramel Apple Crisp</i>	<i>CO</i>
<i>Pumpkin Pie</i>	<i>S</i>
<i>Chocolate Chunk Pecan Pie</i>	<i>S</i>
<i>Classic Whipped Cream</i>	<i>S</i>
<i>Beverages</i>	
<i>Southern Sweet Tea</i>	<i>FP</i>
<i>Spiced Cranberry Cider</i>	<i>FP</i>